



Knie Zentrum Prof. Toft

Dr. Juergen Toft (Medical Director and CEO)

The power of a vision

Like with any big endeavour, there has to be a vision to spark off something ground-breaking and revolutionary. That was no different in the case of the Alpha Klinik which was founded as a Knee Surgery Center by Dr. Juergen Toft back in 1985.

We were the first to offer outpatient knee surgery, we were the first to replace cruciate ligaments arthroscopically, meaning without cutting the joint open, we were the first to save severely destroyed knee joints with biologic enhancement techniques and we were the first to understand that a hospital has to serve the needs of the patients, not only of the staff that works in it. "Alpha" means exactly that. First in class, uncompromisingly committed to the highest standards in technology, surgical expertise and patient care.



Dr. Juergen Toft, M.D.

In the meantime, Dr. Toft, now a professor at the University of Milan, Italy, has invited more specialists to work in his team. Today the Knie Zentrum Prof. Toft boasts world-class surgical units for knee, spine and shoulder surgery. Many of the procedures developed by Dr. Toft and other specialists at Knie Zentrum Prof. Toft have been adopted by the international orthopedic community and are taught as "gold standards" to younger doctors in training.

Knie Zentrum Prof. Toft now draws patients from over 70 countries worldwide and has become a big name all over Europe, the Middle East, Asia and the Americas.





Dr. Toft: "The Knie Zentrum Prof. Toft has become a model for future developments in medicine, not only in terms of medical and surgical care but also regarding patient comfort and treatment post-graduate transparency. Being a staunch believer in specialisation to the highest possible degree, during my training I was totally devoted to becoming a knee specialist in the true sense of the word. I think it is safe to say that we have established the concept of minimal invasive knee surgery and made it a dependable procedure with predictable outcomes."

One of the biggest breakthroughs in this context is the so-called "bioprosthesis". With this special technique, Dr. Toft has saved more than 4,000 knee joints from being replaced with an artificial device, utilizing biologic reconstruction methods to rebuild lost articular cartilage in cases where patients are already "bone-on-bone". Dr. Toft was the first, too, to replace torn cruciate ligaments arthroscopically. The first such case was operated on by Dr. Toft on May 3, 1983 - first in Europe and second in the world.

After three decades of daily routine in the field and based on over 27,000 knee surgeries, Dr. Toft has also made knee replacement with a prosthesis a much less frightening experience, thanks to his unique and minimal invasive approach.

But it is not just about surgical techniques. One of the most important factors in patient care is the human factor. Our multilingual team from over 30 nations is on hand to assist our patients on every step towards full recovery. A word of comfort, an encouraging nod or a simple smile can work wonders, especially in a hospital, where traditionally we are caught by apprehension and fright and where we are grateful for every sign of good-will and friendship. In that sense, we too, are "Doctors without Borders", like the famous "Médecins sans Frontières", whose philosophy we share.

